BOURBON COUNTY EXTENSION FCS/HOMEMAKERS

NEWSLETTER





AGENT NOTES

June is Here – Let the Fun Begin!

Summer has arrived, and with it comes a full calendar of exciting events! One of the highlights is the annual Bourbon County Fair and Horse Shows. We're thrilled to announce that the Bourbon County Homemakers will once again host a Hospitality Tent at both Horse Shows.

In addition to providing a welcoming space, the Homemakers will be accepting entries and awarding prizes in Floral Hall. Exhibitors will not only receive standard premiums, but there will also be additional cash awards for the Homemakers with the most exhibits:

- 1st Place: \$75
- 2nd Place: \$50
- 3rd Place: \$25

This year, in honor of one of their dedicated members, the Homemakers will also focus on carbon monoxide poisoning prevention. They will be sharing important safety information and giving away a carbon monoxide detector each night of the fair. To enter the giveaway, simply stop by the Homemaker booth and sign up—it's completely free!

Don't miss out on the fun, the prizes, and the chance to connect with your community. See you at the fair!

Second, a need has been identified and FCS/Homemakers has stepped up to assist with that need. A caregiver support group/program is starting July 14th. There will be more information in July newsletter but mark your calendars. This program will be directed towards all types of caregiving and the concerns that go with that responsibility.



Come join the fun at the 2025 Bourbon County Fair June 23- 28. Enclosed in this newsletter are the catalogue listings of exhibit entries in needlework, home furnishings, antiques, quilts and sewing, food preservation, culinary, and agronomy and horticulture along with a flyer of the activities taking place each day of the fair. All of this information and more can be found at https://www.bourboncountyfair.org This is a new link address so be sure to copy as printed.

Pre-fair events include:

- June 20 Walking Horse Show in Sosby Arena
- June 21 Saddle Horse Show in Sosby Arena
- June 15 Bourbon County Fair Pageant Bourbon County High Auditorium
- June 22 Receive entries (other than flowers) 3:00-5:00 pm
- June 23 8:30-11:00 am Receive entries 11:00 am- 4:00 pm Exhibit Hall closed to public
- June 28 Pick up entries

NO CARNIVAL ON NIGHT OF 23rd

PAGES 5-8 IS THE 2025 FAIR ENTRY CATALOG





Cooperative Extension Servic Bourbon County 603 Millersburg Rd Paris, KY 40381 (659) 987-1895 Fax: (859) 987-3120 bourbon.ca.uky.edu

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Program Assistant Senior NEP

YOGURT'S HIDDEN BENEFITS: FROM DIGESTION TO HEART HEALTH

National Dairy Month is in June each year. This is the month that highlights the value of dairy. Despite the wholesome paybacks, a lot of us do not eat enough dairy products. Yogurt is a food most people can put in their food plan. Here are some of the benefits of eating yogurt:

• Gives key nutrients: Most types of yogurts are a great source of protein, riboflavin, vitamin B12, calcium, and phosphorus. It is also a good source of potassium, pantothenic acid, magnesium, and zinc.

• Helps gut health: Yogurt has special bacteria called probiotics that are good for your gut. They help to keep your digestion running smoothly and may help your immune system.

• Builds strong bones: Yogurt is packed with calcium and vitamin D, which are vital for making your bones strong.

• Good for your heart: Eating yogurt often is linked to lower blood pressure and reduced risk of heart disease.

• Easy to digest: Yogurt is well tolerated by people with lactose intolerance. This is because the live active cultures in yogurt help to break down lactose. This makes it simpler to break down food compared to other dairy products.

• Helps you feel full: Yogurt can help you feel full and satisfied. This is helpful if you are trying to keep a healthy weight.

• Easy to enjoy: Yogurt comes in many flavors and types. Enjoy yogurt by itself, with fruit, or use it in smoothies. Yogurt is a healthy food. Choose yogurts made with low-fat milk and less added sugar. Try adding yogurt to your meals and snacks.

Source: Adapted from Colorado State University Extension's Yogurt: Health and Probiotic Benefits





July 1st- Harrison County Extension Office 9:00 am - Noon July 1st- Bourbon County Extension Office 5:00- 8:00 PM 1st Nicholas County Residence welcome at either location

FERE Hands on Learning

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Topics include: Boiling Water Method Canning Pressure Canning

FREE | LIMITED SEATING AVAILABLE | CALL TO RSVP BOURBON: 859-987-1895 HARRISON: 859-234-5510





PRESIDENT'S NOTES

As I drive around the local area, I notice billboards and signs promoting the local county fairs. Can you believe that time is upon us, seems like just weeks ago we were dealing with wintery weather. As we get ready to enjoy the warmer weather let us remember to start thinking about our own fair entries. Also, sign up to help with the hospitality tent for the horse shows.

We are winding up our homemaker year with reports due to our county chairs. Please try to get those individual reports to the proper educational chairs as soon as possible.

The state meeting is over and congratulations to our cultural arts winners and our new state 4H Educational Chair Peggy Tracy. Our own Connie Vaughn did an excellent presentation from the area inviting everyone to the state meeting 2026 "Hooray for KEHA" hosted by the Bluegrass Area. Mark your calendars now for plans to attend next year.

Thank you to all the committees and volunteers that have helped make all our events successful. I am looking forward to many of the events remaining for this year. Please take note of what is upcoming.

Enjoy the sunshine!

"ALONE WE CAN DO SO LITTLE, TOGETHER WE CAN DO SO MUCH" HELEN KELLER

Elizabeth B Rankin Bourbon County Homemaker Presidnet

REPORT

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HELP WITH END OF YEAR REPORTS HAS ARRIVED!

Appointments preferred. Call now and schedule your time for assistance with end of year chairmen and project reports.

All day on Monday, June 30th!

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June 14POP Club at Farmers Market	
June 17Rug Making Class	
June 18Rug Making Class	
June 19Juneteenth Office Closed	7///
June 20 & 21Horse Show Hospitality Tent	
June 21Longest Day of Play	
June 23Fair Entries	
June 23-28Bourbon County Fair	1
June 30Work Day for Homemaker Reports	
July 1Food Preservation Class	
July 4Independence Day - Office Closed	
July 7-104-H Camp	
July 12POP Club at Farmers Market	*
	9/10

STATE MEETING/CULTURAL ARTS



Bourbon County had a very successful and honorable KEHA Annual Meeting! :

- Peggy Tracy elected State 4-H Youth Development Chair
- Ovarian Cancer 100% Award
- Judy Roberts 1st Family & Individual Self-Care Contest
- Pat Holland 2nd place Short Story
- Cultural Arts
 - June Erla Champion Loom Weaving
 - Linda Ramage 1st Ceramics Hand Formed
 - Kathy Taylor 1st Holiday Decoration
 - Elysse Poole 1st Hand Knitting
 - June Erla 1st Miscellaneous with Eco Printing Scarf

Congratulations Bourbon County!



PARIS BOURBON COUNTY YMCA

The Paris-Bourbon County YMCA has served our community since 1913. The Y is in the business of nurturing the potential of children and teens (Youth Development), improving health and wellbeing (Healthy Living) and motivating people to support their neighbors and the larger community (Social Responsibility).

Paris facility serves over 6,000 members and 1,000 program participants.

YMCA membership has its privileges, including discounts on all YMCA programs as well as use of our entire facility (age requirements posted). Children under 12 must be accompanied by a responsible person at least 16 years of age.

Thank you Paris Bourbon County YMCA for participating in the Homemakers Shop Local Program. Use your Shop Local Card and initial joining fee is waived. Monthly payments still apply but there will be no joining fee when using "Shop Local" card!

FACILITY HOURS

MONDAY - THURSDAY	5:30 A.M 8:30 P.M.
FRIDAY	5:30 A.M 8:00 P.M.
SATURDAY	7:00 A.M 2:00 P.M.
SUNDAY	12:00 P.M 5:00 P.M.

SUMMER HOLIDAY HOURS

MEMORIAL DAY: FACILITY 10:00 A.M. - 3:00 P.M., OUTDOOR POOL NOON - 6:00 P.M.

FOURTH OF JULY: FACILITY 10:00 A.M. - 3:00 P.M., OUTDOOR POOL NOON - 6:00 P.M.

INDOOR POOL HOURS

MONDAY-THURSDAY	5:30 A.M 8:00 P.M.
FRIDAY	5:30 A.M 7:30 P.M.
SATURDAY	7:00 A.M 1:30 P.M.
SUNDAY	12:00 P.M 4:30 P.M.

OUTDOOR POOL HOURS

MONDAY, WEDNESDAY, FRIDAY: NOON - 8:00 P.M.

TUESDAY, THURSDAY, SATURDAY, SUNDAY: NOON - 6:00 P.M.



CAREGIVER SUPPORT GROUP

MONDAY, JULY 14TH AT 10:00AM

Join us for our inaugural meeting! Attend a panel discussion featuring caregivers who will share their insights and experiences. Light refreshments will be provided.

CENTRAL BAPTIST CHURCH FELLOWSHIP ROOM 829 High St. Paris, Ky. 40361



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Best needlepoint picture Best needlepoint belt Best needlepoint item other than listed Best quick point item Best decorated towel Best candlewick item Best candlewick item Best handmade pillow - other than listed Best handmade pillow - other than listed Best handmade pillow - other than listed	Best needlepoint picture Eest needlepoint belt Best needlepoint item other than listed Eest quick point item other than listed Best quick point item Eest decorated towel Best candlewick item Eest decorated towel Best candlewick item Eest and remain tieted Best handmade pillow - other than listed Eest and remain tieted	325	Best needlepoint pillow	_				
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ge 1 of 1		327	Best needlepoint belt	_				
ge 1 of 1	ge 1 of 1	328	Best needlepoint item other than listed	_				
ge 1 of 1	ge 1 of 1	329	Best quick point item	_				
ge 1 of 1	ge 1 of 1	330) Best decorated towel	_				
ge 1 of 1	ge 1 of 1	331	Best candlewick item					
		332	? Best handmade pillow - other than listed					
			Page 1 c	f 1			Pad	at 1 of 1

	LOT 5 OPEN HOME FURNISHINGS	OME FURN	ISHINGS		LOT 6 - (LOT 6 - OPEN ANTIQ
	Premiums: Blue- \$3 00 Red- \$2 00 White- \$1 00	00 Red- \$2 (00 White- \$1 00		Premiums: Blue- \$3.	Blue- \$3.00, Red- \$2.0
	LOT 5 HOME FURNISHINGS		LOT 5 HOME FURNISHINGS CONT.		LOT 6 ANTIQUE DIVISION	
Class		Class	Class Description	Note: To	Note: To be considered an antique an	Class
50.	501 Best grapevine wreath	531	1 Best string art project	article m	article must be 50 vears old or more.	
205	502 Best Christmas wreath	53	532 Best decorated greeting card	Antique	Antiques will be judges on rarity, age and	
503	503 Best mesh wreath	53	533 Best scrapbook	condition.	Ċ.	
50	504 Best dried flower wreath	53	534 Best paper folding item	Class	Description	
505	505 Book paper wreath	53	535 Best book folding item	601	601 Best glass or china kitchen item	
500	506 Best market basket	53	536 Best book mark	602	602 Best wood kitchen item	
201	507 Best Christmas basket	53	537 Best handmade toy	603	603 Best metal kitchen item	
505	508 Best shaker basket	53	538 Best tole painting	604	604 Best kitchen item	
505	509 Best miniature basket	53	539 Best door decoration	605	605 Best china dish	
51(510 Best Easter basket	54	540 Best collections	606	606 Best glass dish	
51	511 Best Nantucket basket	54	541 Best birdhouse (handmade)	607	Best antique stool	
512	512 Best casserole basket	54	542 Best painted birdhouse	608	Best antique chair (small)	
51;	513 Best recycled basket	54	543 Best recycled birdhouse		Best small chest (no bidger than	
51,	514 Best decorated basket	54	544 Best decorated Christmas tree	609		
515	515 Best Other Basket	54	545 Burlap Christmas wreath	610	610 Best kitchen accessories	
516	516 Best fabric covered caddy/basket	54	546 Best ornament	611	Best piece of iewelry	
51	517 Best Easter decoration	54	547 Best angel	612	Best anv leather item	
518	518 Best silk flower arrangement	54	548 Best reindeer		Rest antique hook (hard or	
515	519 Best dried arrangement	54	549 Best tree topper	613		
52(520 Best Kentucky inspired project	55	550 Best Santa	614	614 Best type antique crock	
52	521 Best woven footstool	55	551 Best Christmas door decoration	615	Best antique picture	
52;	522 Best wooden rag stool	55	552 Best hand painted Christmas article	616	Best any cast iron	
52;	523 Best chair with woven bottom	55	553 Best decorated snowman	617	Best vase	
524	524 Best door hanger-wooden	55	554 Best Holiday door hanger- Wooden	618	Best needle work	
525	525 Best article of woodcraft	555	Best Christmas decoration other than 5 listed	619	619 Best type of churn	
52(526 Best painted gourds			620	620 Best type of stone jar	
52	527 Best stained ceramic	55	556 Best decorated article other than listed	621	621 Best antique knife	
528	528 Best glazed ceramic		Best handmade article other than	622	622 Best oil lamp	
52(529 Best ceramic other	557	7 listed	623	623 Best antique article of clothing	
530	0 Best lye soap	558	Best home furnishings article other than listed			
	a d	Page 1 of 1				Page 1 of 2

LOT 6 - 0	LOT 6 - OPEN ANTIQUES	JES
Premiums: Blue- \$3.0	00, Red- \$2.0	Blue- \$3.00, Red- \$2.00, White- \$1.00
LOT 6 ANTIQUE DIVISION	L	LOT 6 ANTIQUE DIVISION CONT.
	Class	Description
ite: To be considered an antique an	62	624 Best antique toy
trigues will be judges on rarity. age and	625	5 Best type of antique basket
ndition.	626	Best antique painting
ass Description	62	627 Best antique frame
601 Best glass or china kitchen item	62	628 Best any type of granite ware
602 Best wood kitchen item	62	629 Best antique scale
603 Best metal kitchen item	630	Best antique tool
604 Best kitchen item	631	Best antique doll
605 Best china dish	63	632 Best antique figurine
606 Best glass dish	63	633 Best antique doll furniture
607 Best antique stool	634	Best antique watch or clock
608 Best antique chair (small)	635	5 Best antique iron toy
Best small chest (no bigger than 609 30")	63	Best antique home furnishing other 636 than listed
610 Best kitchen accessories	637	Best antique misc. other than listed
611 Best piece of jewelry		
612 Best any leather item		
Best antique book (hard or 613 paperback)		
614 Best type antique crock		
615 Best antique picture		
616 Best any cast iron		
617 Best vase		
618 Best needle work		
619 Best type of churn		
620 Best type of stone jar		
621 Best antique knife		
622 Best oil lamp		
623 Best antique article of clothing		

LOI / OPEN AUULI FOOD PRESERVATION	OUD PRESERVATION	LOI 8 OPEN A	
Premiums: Blue- \$3.00, I	Premiums: Blue- \$3.00, Red- \$2.00, White- \$1.00	Premiums: Blue- \$3.00	Premiums: Blue- \$3.00, Red- \$2.00, White- \$1.00
Jars must be standard canning jars with standard 2		It is understood that no mixes will be accepted unless	LOT 8 OPEN ADULT CULINARY CONT.
piece lids required. Jars must include no labels.	Class Description	the class states that it may be a mix. All foods must	Class Description
Entries must also meet USDA guidelines.	737 Best spaghetti sauce	be wrapped in clear plastic wrap.	836 Best cornbread (1/2 loaf, muffins, or sticks)
LOT 7 FOOD PRESERVATION	738 Best barbecue sauce	LOT 8 OPEN ADULT CULINARY	837 Best banana bread (exhibit 1/2 loaf)
Class Description	739 Best mushroom	Class Description	838 Best bread other than listed
701 Best glass of grape jelly	740 Best jar of pepper relish	801 Best white layer, 1/4 cake, iced	839 Best 3 cupcakes (plain)
702 Best glass of strawberry jelly	741 Best jar of mincemeat	802 Best yellow layer, 1/4 cake, iced	840 Best 3 cupcakes (fancy)
703 Best glass of blackberry jelly	742 Best jar of kraut	803 Best devil's food cake, 1/4 cake, un-iced	841 Best 1/2 dozen muffins other than listed
704 Best glass jelly other than listed	743 Best jar of vegetablees other than listed.	804 Best jam cake, 1/4 cake, iced	842 Best 3 egg kisses
705 Best jar of green beans		805 Best angel food cake, 1/4 cake, un-iced	843 Best article baked good other than listed
706 Best jar of strawberry preserves		806 Best cake other than listed	
707 Best peach preserves		Best plate of assorted candy, at least 3	
708 Best plum preserves		80/ carities, 3 pcs. each variety	
709 Best cherry preserves		808 Best bourbon balls	
710 Best jar of preserves other than listed		809 Best chocolate fudge with nuts	
711 Best jar of tomatoes		810 Best chocolate fudge without nuts	
712 Best iar of green tomatoes		811 Best peanut butter balls	
713 Best iar of canned beets		812 Best peanut butter fudge (6 pieces)	
714 Best iar of blackberries		813 Best cream candy (6 pieces)	
715 Best iar of blackberry iam		814 Best divinity (6 pieces)	
716 Bast iar of hlisherry jam		815 Best peanut butter brittle	
717 Doct for of poor form		816 Best peanut butter roll, cooked (6 pieces)	
710 Doct for of fruit other then listed		817 Best peanut butter roll, uncooked (6 pieces)	
710 Boot for of otroubord form		818 Best Bon Bons	
		819 Best candy other than listed (6 pieces)	
724 Boot for of form other than listed		820 Best tart (2) or 1/2 pie	
		821 Best 1/2 dozen sugar cookies	
722 Best Jar of applesauce		822 Best 1/2 dozen oatmeal cookies	
7.23 Best Jar of pickles lime crisp		823 Best 1/2 dozen chocolate chip cookies	
/24 Best Jar of dill pickles		824 Best 1/2 dozen cookies other than listed	
726 Dout for of our office		825 Best 1/2 dozen chocolate brownies, iced	
		826 Best 1/2 dozen chocolate brownies, un-iced	
700 Post for of surget reliable sther than listed		827 Best 1/2 dozen butterscotch brownies	
		828 Best decorated cookies	
720 Deat jar of tornato juice		829 Best 1/2 dozen peanut butter cookies	
/ 30 Best Jar of bread and butter pickles		Best plate of assorted cookies (3 cookies of	
731 Best jar of honey		830 3 kinds each, a total of 9)	
732 Best jar of apple butter		831 Best cookie other than listed	
733 Best jar of plum butter		832 Best 3 light yeast rolls	
734 Best banana peppers		833 Best loaf of yeast bread (exhibit 1/2 loaf)	
735 Best squash pickles		834 Best 1/2 dozen biscuits	
736 Best tomato soup		835 Best nut bread (exhibit 1/2 loaf)	
Page	Page 1 of 1	Page	Page 1 of 1

LOT 10 UGLY LAMP CONTEST	Premiums: Blue- \$50.00, Red- \$25.00, White- \$10.00	RULES	Lamps must be ugly	Lamps must be able to produce light	Lamps can be commercially made or handmade	Any type of materials may be used		- Class Description	1001 Ugliest Decorated Lamp	1002 Ugliest Lamp - Not Decorated																					Page 1 of 1
 LOI 9 OPEN ADULI AKI Dramituma: Dita \$2.00 Dad \$3.00 Metho \$4.00		One entry per class per exhibitor. May have a group of showing, but only one piece to be judged.	All exhibits must be the work of the exhibitors and not copies of another individual's work	Work must be framed, mounted, or matted. It will enhance the picture. If shirnk-wrapped, work will be protected.	Open to age group 19 and over.	Alson Brandmittan	Old Boot drawing (block and white observed manual into	901 Dest urawing (plack and write, chartoal, pendin, iink) 900 Rest drawing (color pendit or marker)	903 Best drawing rower, perior or money 903 Best drawing - bastel	904 Best painting - oil	905 Best painting - acrylic	906 Best painting - watercolor	907 Best photography (black and white)	908 Best photography (color)	909 Best graphics (includes etchings, woodcut, linocut, silk screen, and stencils)	910 Best soulpture (clay, stone, metal, textile, ceramic, etc.)	911 Best mixed media	912 Best computer graphics	913 Best cartoon character	914 Best miscellaneous (includes construction, mobiles, collages, etc.)	915 Best ceramic (includes handmade pieces or clay thrown on potter's wheel	916 Best calligraphy	917 Best craft project (includes folk art fabric painting, etc.)	918 Best stained glass	919 Best portraits (any medium)	920 Best carved wood	921 Best hand tooled project	922 Best machine tooled project	923 Best handmade muscial instrument	924 Best Folk Art painting	Page 1 of 1

PLEASE REVIEW AND SIGN UP FOR 2025-2026 EXTENSION HOMEMAKERS LESSONS Return to the Extension Office by August 1, 2025 and remember to keep one copy for your club records.

September Lesson	"Laughter is a Must in Marriage"	August 21 ,2025 – 6:00 pm
	Shonda Johnston	

Did you know laughter serves as a powerful tool for building and maintaining a healthy. happy marriage? It cultivates a positive atmosphere. strengthens emotional bonds. and helps couples navigate the challenges of married life with resilience and grace. This lesson will test your knowledge on laughter. identify the short and long-term benefits of laughter. explore what keeps you from laughing with your spouse. and share ways to increase laughter In your relationship.

Name 1.	Email:	Phone #
2.		
October Lesson	"Blackstone Grilling" Maranda Brooks	September 25, 2025 – 6:00 pm

This Blackstone Grilling Class is a hands-on cooking experience that teaches participants how to properly heat. clean. and maintain your griddle while cooking a variety of dishes. from smash burgers to stir-fry. Perfect for anyone looking to enhance their outdoor cooking skills!

Name	Email:	Phone #
1.		
2.		
November Lesson	"Stretching Your Dollar"	October 30, 2025 – 6:00 pm
	Ashley Vice	

"Making ends meet" is getting harder in today's economy. This lesson will cover how to make your dollars and resources go farther. The lesson will provide tips for managing your money in financially tough times and offer strategies for saving on groceries. gas. utilities. clothing. and other household essentials. We will explore ways to manage fixed and variable household costs with tips on spending wisely. prioritizing finances. and saving when expenses are tight.

Name	Email:	Phone #
1.		
2.		
January Lesson	"Yoga Try This" Shelley Meyer	November 18, 2025 – 10:00 am

Yoga is far from a new practice but has become popular today as a mainstream form of exercise. There also are many health benefits of doing yoga beyond physical activity. This lesson introduces yoga - what it is, why you might be interested in trying it. and some poses.

Name	Email:	Phone #
1.		
2.		

PLEASE REVIEW AND SIGN UP FOR 2025-2026 EXTENSION HOMEMAKERS LESSONS Return to the Extension Office by August 1, 2025 and remember to keep one copy for your club records

Γ	February Lesson	"Mastering Mindfulness"	January 22, 2025 – 10:00 am
		Alivia Stephens	

Mindfulness is a practice that involves being in the present moment. It involves being aware of your thoughts. feelings. and the area surrounding you. There are various mindfulness activities that individuals can participate in to improve their overall mental health and well-being. This lesson will introduce mindfulness and a few techniques that individuals can use to bring themselves back to the present moment, ease stress, and increase their sense of peace.

Name	Email:	Phone #
1.		
2.		
March Lesson	"Building a Better Bowl" Caroline McMahan	February 25, 2025 – 10:00 am

Mindfulness is a practice that involves being in the present moment. It involves being aware of your thoughts. feelings. and the area surrounding you. There are various mindfulness activities that individuals can participate in to improve their overall mental health and well-being. This lesson will introduce mindfulness and a few techniques that individuals can use to bring themselves back to the present moment. ease stress. and increase their sense of peace.

Name 1.	Email:	Phone #
2.		
April Lesson	"Mental Health Matters" Jessica Hunley	March 10, 2025 – 10:00 am

Mental health is important for overall health at every life stage-from childhood through older adulthood. It includes emotional. psychological. and social well-being and affects how a person thinks. feels. and behaves. This lesson will highlight why mental health matters and draw attention to symptoms of mental health concerns and resources that are available to help with mental well-being.

Name	Email:	Phone #
1.		
2.		
May Lesson	"The Big Freeze"	April 21, 2025 – 6:00 pm
	Shelley Meyer	

Freezing is the easiest. most convenient and least time-consuming method of preserving foods. It is a great way to extend the shelf life of many foods. including leftovers. When done correctly. freezing preserves nutrients and maintains quality. This lesson will help you get the most out of your freezer by teaching good freezing techniques for a variety of foods. You will be able to minimize food waste. save money. and save time.

Name 1.	Email:	Phone #
2.		





Homemakers,

Another year has rolled around, and we are preparing for the 2025 Fair and Horse Show session. The hospitality tent is instrumental in the success of the Horse Shows. First, I want to THANK everyone that has worked or prepared food for the hospitality tent in previous years.

This year I need seven (7) dozen cookies from each club. Any kind of cookie is fine, but if you put NUTS of any kind in the cookies or sandwich fixings the packages must indicate that nuts are in the product. We will be needing sandwich fixings such as pimento cheese, chicken salad, ham salad, olive nut, cucumber etc. Please sign up for the fixings that you can provide and if you change item or are unable to prepare item, please contact me at 859-707-7189 so that we can plan accordingly. Country ham, city ham, sliced cheese, buns and bread will not be needed as they will be furnished both evenings.

The workers time will be like last year. The first shift of workers will be 4-8 pm. This shift will set up tables, get food ready and start the serving. The second shift will work 8pm-closing and will help with closing and packing up for the night.

I know it is early in the year to be thinking about June and the Horse Shows, but it is almost here, and we must plan and be prepared. If you or your club has any questions, please call me at 859-707-7189. If there is no answer leave a message and I will return your call. Please return forms to the Extension Office or to me, so I can plan accordingly. Items can be brought to the Extension Office on Friday the 20th by 4:00 pm.

Thank you for all your assistance with making the Horse Show Hospitality Booth successful!

Connie Vaughn Hospitality Chair

Name	Phone	Cookies	Sandwich Fixings	4-8 PM	8-Closing

Friday, June 20th Horse Show

Saturday, June 21st Horse Show

Name	Phone	Cookies	Sandwich Fixings	4-8 PM	8-Closing



9AM

1PM

BOPCLUB

NEW!

THIS YEAR PARTICIPATING KIDS CAN RECIEVE UP TO \$6 IN POP TOKENS EACH WEEK 2ND SATURDAYS IN JUNE, JULY,& AUGUST

> EARN AN ORANGE TOKEN (\$2) FOR PARTICIPATING IN THE PHYSICAL ACTIVITY



5

EARN A GREEN TOKEN (\$2) FOR TASTE TESTING A NEW HEALTHY SNACK

EARN A PURPLE TOKEN (\$2) FOR PARTICIPATING IN THE ACTIVITY OF THE WEEK

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Disabilities accommodated with prior notification.