Nifty Needles Quilt Guild

Newsletter



August 2023

FAMILY & CONSUMER SCIENCES

8

College of Agriculture, Food and Environment Cooperative Extension Service Bourbon County 603 Millersburg Road Paris, KY 40361-8837

University of Kentucky

(859) 987-1895 Fax: (859) 987-3120 www.ca.uky.edu/ces

2022-2023 OFFICERS

Shirley Gentry President

859-987-7071 shedrowsh@aol.com

Julie Gilchrist

Vice-President 916-804-8285 jmgilchrist5523@gmail.com

Sharon Crump

Secretary 859-230-4107 chaosunderctrl@aol.com

Cheryl Royalty

Treasurer 859-707-4848 cherylroyalty1994@gmail.com





DATES TO REMEMBER

August 18 & 19 August 29

September 15 & 16

September 26

Quilt Retreat, Extension Office Guild meeting, Extension Office

Refreshments 6:00 pm—Meeting 6:30 pm

Quilt Retreat, Extension Office

Guild meeting, 6:30 p.m. at Extension Office

August Program

Make room for new goodies while sharing your treasures with other members. The August program will be our annual Table/Tag sale. Bring in whatever you wish to move out of your sewing room, put a price tag on it, and at the end of the business part of the meeting, we will display items to potential buyers. There are always free goodies too! Quilting fabric, notions, patterns, books, etc. are welcome. Don't forget your wallet!

August Hostesses Needed

Three kind and generous members, please volunteer to bring refreshments for the meeting. If you have not done so recently, please consider bringing snacks for the August meeting. You can communicate through Facebook or our interim President, Julie Gilchrist.

Kay Denniston

Kay Denniston

Agent for Family Consumer Science Karen.denniston@ukv.edu

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





Nifty Needles Quilt Guild Meeting, July 25, 2023

The meeting was called to order by Dani D'Arge.

There were 20 members present, including our very own Shirley Gentry. We were all very happy to see her.

Treasurers report, Bank Balance as of 05/29/2023 was \$1593.85.

The door prize won by Ginger Hafer was a pattern, charm pack and lotions.

The minutes for the last meeting were approved as submitted.

Our program was present by Patty Justice with the help of a U Tube video on Simple Block Quilts using 2 ½" strips. She provided two samples of quilts made with this pattern. They are fun and fast projects. The Guild's Quilts of Comfort is running low on our supply of quilts to donate. We are requesting that as you complete your projects, if you have left over 2 ½" strips donate them. A project box is in our cabinet in the storage room. Also Cheryl Stone and Dani D'Arge are in the process of decluttering this cabinet. There are some quilting books and magazines that will be put out at our next retreat and also at our August meeting. All books are free!

Our Raffle Quilt has had several blocks added since the last meeting. Dani D'Arge has some precut kits that are also in the cabinet. Our goal is to have the quilt blocks completed by our April meeting so quilt can be sewn together and quilted before 2024 Bourbon County Fair.

Discussion about purchasing new cutting mats for the Guild resulted in a motion made by Alice Turley to purchase 2 new mats and was seconded by Becky Winburn. The motion was carried.

The August meeting is our Table Sale. Bring sewing and quilting related items. Be sure to price them. The refreshments start at 6:00 and the short meeting begins at 6:30.

Respectfully submitted,

Sharon Crump,

Secretary, Nifty Needles Quilt Guild



A Note from Shirley's Family

We are grateful for all the wonderful individuals of Nifty Needles Quilt Guild. You have given so much to us. You have truly been a blessing. You helped us when we needed it. We will always be thankful for your love, support and prayers.

Shirley Gentry's Family, Alberta, Joe and Carol Prebil

A NOTE FROM THE PRESIDENT

Dear Quilting Friends,

At last I am home! After 31 days in the University of Kentucky Intensive Care Unit, 24 days at Cardinal Hill Rehabilitation, and 39 days at Tanbark Rehab Center, it is good to be home! There is still a long way to go in my recovery, but I am very glad to be here.

First, a huge thank you to all that have supported this ongoing wellness journey with your prayers, visits, cards, clothing and financial contributions. My family from Chicago stayed the first five weeks following my injury (Carbon Monoxide poisoning and stroke), and visited again when I arrived home. Friends and neighbors have been caring for the horses, the dog, keeping an eye on the house, checking in, taking me to medical appointments, bringing me to Nifty Needles meetings, and so much more.

And now it's time to move on, and I am so glad you all are a part of this journey! This is your Guild. What would you like to do in the coming year?

Regards,

Shirley

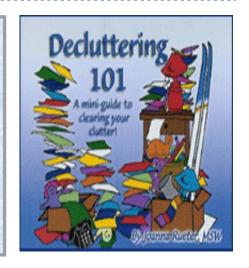
RAFFLE QUILT

The Log Cabin Guild raffle quilt is shaping up! Kits have been assembled, making it easy to make a block to contribute. This will be a stunning quilt and a prize worth winning!

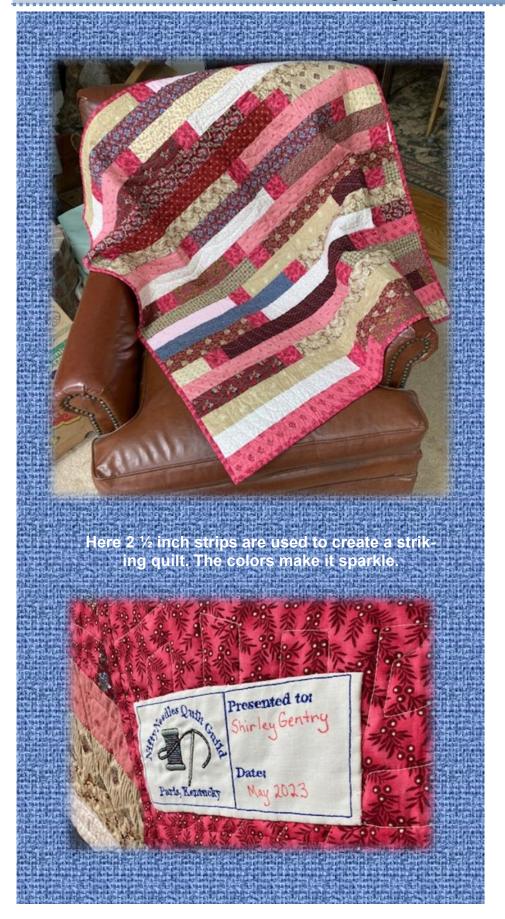
HOUSEKEEPING

Housekeeping (literally)

Recently Dani and Cheryl Stone did a purge of our storage locker at the Extension Office. In addition to all the things one would hope to find inside, there was quite a bit of just plain trash—everything from moldy fabric to food! Ladies, we are fortunate to have this space! If you brought it to the office, please take it home too. The upside of this, is that several quilting books will be offered at our Table Sale at a very reasonable prices.



Comfort Quilts



The July program was about creating quilts for **Quilts of Comfort** program. I can personally attest that the quilts shown were a comfort to me while hospitalized, and greatly admired by many. Many of the medical staff told me how lucky I was to have friends willing to make and share something so beautiful! How right they were! --Shirley Gentry

Quilt label on the back.

Dani d'Arge delivered it
to Cardinal Hill by on behalf of the Nifty Needles
members.

Thank you ladies!
--Shirley Gentry



Comfort Quilt by Debbie Barnett. The pattern is a variation of "In the Throne Room". Rainbow colored 2 ½" strips are sewn into strata, then cut and assembled to create the design running the length of the quilt.

Show and Tell



Just to fill a page!!!





Enjoy last days of summer!



Squash Supreme

4 cups sliced summer squash

1 medium onion, sliced

1/2 cup diced red bell pepper

1 cup fat free sour cream

1 - 10% ounce can reduced fat

cream of chicken soup

11/2 cups dry corn bread stuffing mix

1/4 cup melted margarine

- 1. Preheat oven to 350° F.
- Steam the summer squash, onion, and red bell pepper until slightly tender.
- Combine sour cream and cream of chicken soup. Add steamed vegetables to soup mixture and toss to coat.
- Combine corn bread stuffing mix and melted margarine.
- 5. Place half the stuffing mixture in

the bottom of a greased 2-quart casserole dish.

Add vegetable mixture; top with remaining stuffing mix.

Bake for 45 minutes or until mixture bubbles.

Yield: 8, 1/2 cup servings

Nutrition Analysis: 170 calories; 7 g fat; 1.5 g sat fat; 5 mg cholesterol; 370 mg sodium; 22 g carbohydrate; 3 g fiber; 7 g sugar, 4 g protein.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

