Nifty Needles Quilt Guild Newsletter March 2023

FAMILY & CONSUMER SCIENCES

University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

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Cheryl Royalty Treasurer 859-707-4848 cherylroyalty1994@gmail.com March 17-18 March 28 April 20 April 21-22 April 25

Quilt Retreat, Bourbon County Extension Office Guild meeting, 6:30 p.m. at Extension Office Bourbon Co. Homemakers Annual Meeting Quilt Retreat, Bourbon County Extension Office Guild meeting, 6:30 p.m. at Extension Office

MARCH PROGRAM

Julie is working on a couple of ideas for our March program. We will announce what her decision is on Facebook prior to the meeting. Feel free to share your ideas for future programs!

Refreshment Hostesses

~Cheryl Stone

~Cheryl Royalty

~Becky Winburn

A shout out to Quiltfolk, publisher of a magazine by the same name. They also sell books, patterns, gifts, virtual tours and more from their website, www.quiltfolk.com. Nifty Needles is participating in their Guild program. At the Christmas party two members received copies of their magazine about South Dakota quilts in their goodie bags, and in February two more members received their 2023 calendars as door prizes. Please check out their website, and if you wish to place an order, Guild members receive 15% off through March 31. Just enter GUILD 25 to receive your discount.

Kay Denniston Kay Lan

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Agent for Family Consumer Science Karen.denniston@uky.edu

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Nifty Needles Quilt Guild Meeting Minutes, February 28, 2023

The January meeting was canceled due to bad weather.

The meeting was called to order by Dani D'Arge. There were 17 members and guests present.

Treasurer's report from Cheryl Royalty. Bank balance as of 02/27/23 \$1561.92 Door prize balance as of 02/27/23 \$88.50

This month's door prize of Quiltfolk 2023 calendar, thread and chocolate was won by Wanda Cole.

December 2022 minutes were approved as submitted.

This month's guest speaker was Chana Charley from Quilters Square. Her highly informative program covered borders and binding.

Our raffle quilt is progressing nicely. All blocks need to be completed by August. The pattern and fabric are available at the extension office.

A big thank you to Levana Spencer for teaching the class on folded ornaments. Kathy Previs has offered to teach a class on making a decorative wreath using fat quarters and a Styrofoam wreath.

We also anticipate a class on collage quilts. This year is starting to get busy!

Words of wisdom from Kay Denniston. The annual homemakers meeting is April 20, 2023. Kay requested volunteers to help with 4-H beginning sewing classes. Starting Wednesday March 15 until June 1st. Class time is 3:00 – 5:00. You can help with one class or several!

Respectfully submitted, *Sharon Crump*, Secretary



A NOTE FROM THE PRESIDENT

Hello fellow quilters,

A arch is National Quilt Month, and March 18 is National Quilt Day. Several quilting communities host "Quilters Day Out," an event that usually includes all the things quilters love lots of quilts to admire and inspire, food, possibly a speaker or class, connection with fellow quilters, and, of course, shopping. There are several events scheduled statewide, including those in Lexington, Morehead and Burlington.

If you attend a "Quilter's Day Out" gathering, there is going to be something to catch your eye, something new or something you learn. Take a mental note of it, and so we can share what we learned at our next meeting.

This is your Guild. What would you like to do in the coming year?



Regards,

Shirley

QUILTERS GUILD OF THE BLUEGRASS PRESENTS

Luiter's Day Out

MARCH 18, 2023 9 AM- 3:00 PM, \$5.00

FAYETTE COUNTY EXTENSION OFFICE 1140 HARRY SYKES WAY, LEXINGTON, KY 40504

Featured Speaker - Deb Strain, Quilter, Moda Fabric Designer

Vendors+Food+Quilts Door prizes + Show & Tell



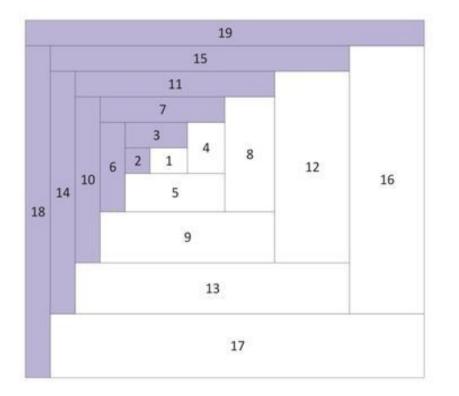
Quilters Guild

of the Bluegrass

Bring a Fat Quarter for the Charity Basket Door Prize

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HAVE YOU TRIED MAKING CURVED LOG CABIN BLOCKS YET?

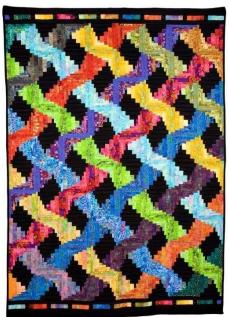




Colour side : cut all to 1" wide strips

2: 1" 3: 1 3/4" 6: 2 1/4" 7: 3" 10: 3 3/4" 11: 4 1 /2" 14: 5 1/4" 15: 6 1 /2" 18: 7" 19: 8 1 /2" White side : Wide by Hight

1: 1 1/4" * 1" 4: 1 1/4" * 1 1 /2" 5: 2 1 /2" * 1 1/4" 8: 1 1 /2" * 2 3/4" 9: 4" * 1 1 /2" 12: 2" * 4 1/4" 13: 6" * 1 /2" 16: 2" * 5 3/4" 17: 8" * 1 3/4"











University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

You're invited to the Bourbon County Homemakers

86th Annual Meeting Blooming Together

Thursday, April 20, 2023 6:00 pm Church of the Annunciation Parish Hall 1007 Main St, Paris, KY

Tickets \$20 meal included Tickets on sale now through April 14

Meal provided by Columbia Steak House

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Bad Weather Policy

No School = No Meetings If Bourbon County Schools are closed due to inclement weather, meetings will be automatically canceled. If in doubt, please call 859-987-1895.



BOURBON COUNTY BACKPACK PROGRAM

Peanut Butter Donations Needed for Spring Break!

Drop off **16 oz. jars** to the Bourbon County Extension Office, 603 Millersburg Rd., Paris by March **24**, **2023**

Plate It Up! Kentucky Proud Recipe



Broccoli Pizza

1½ cups shredded Monterey Jack cheese

- **1 12-inch** whole wheat pizza crust
- 1 cup chopped broccoli florets
- 1 medium zucchini, thinly sliced

1 medium onion, sliced into strips

- 1/2 medium red bell pepper, cut into strips
- 1 medium tomato, thinly sliced
- 2 cloves minced garlic
- **1 teaspoon** dried Italian seasoning

2 tablespoons vegetable oil

- Sprinkle half of the cheese evenly over crust; set aside.
- 2. Sauté vegetables, garlic and Italian seasoning in hot oil 3-5 minutes or until vegetables are crisptender.
- **3. Spoon** vegetables evenly over pizza crust.
- **4. Top** with remaining cheese.
- **5. Bake** at 450° F 5 minutes or until cheese melts.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

Yield: 8 slices Nutrition Analysis:

320 calories; 23g fat; 11g saturated fat; 0g trans fat; 65mg cholesterol; 540mg sodium; 18g carbohydrates; 3g dietary fiber; 3g sugars; 15g protein.

